

# ParentingLink

Learn, Grow & Thrive Together

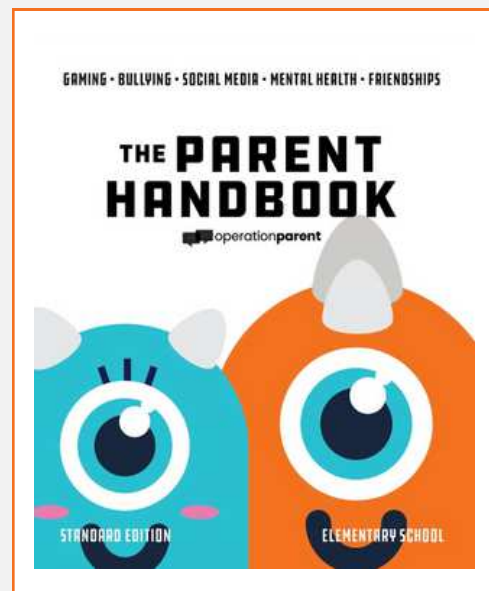
ParentingLink is a welcoming space for parents and caregivers to connect, share experiences, and learn together. Through conversation, reflection, and shared support, families build confidence, strengthen relationships, and grow skills that help children and caregivers thrive.

## What We'll Talk About:

- 📱 Technology & social media
- 💬 Emotional & mental health
- 👉 Friendships & behavior
- 🚫 Alcohol, nicotine & substance use
- ❤️ Building strong family connections

## What to Expect:

- Relaxed, small-group discussion
- Practical tips you can use right away
- Attend one session or all, your choice



## Event Details:

- 📍 Hart Area Public Library
- 📅 Thursdays once a month beginning February 5, 2026, ending June 4, 2026
- 🕒 6:00–7:00 PM
- 💰 Free to attend
- 👤 Childcare is not provided at this time



Please RSVP by scanning the QR code or if you're viewing this electronically, you can also click the QR code

All Parents and Caregivers are welcome!

